

**November 2, 2021**

**\*\*Ps. 105:4 *Look to the LORD and His strength; seek His face always.* (NIV) \*\***

I have a friend in the ministry that is an encourager to me. He probably doesn't even know it, but whenever we speak, I get a motivational push from him. One of the reasons is what he most often would say at the end of our conversations as we headed out, "*Keep looking up!*" What a great reminder for us all. We so often become focused on the things of this world that truly have no eternal value. We can worry and fret over things that won't matter at all in the long run. It reminds me of the words written by the half-brother of Jesus named James. **James 4:2-3** *You desire but do not have, so you kill. You covet but you cannot get what you want, so you quarrel and fight. You do not have because you do not ask God. When you ask, you do not receive, because you ask with wrong motives, that you may spend what you get on your pleasures.* (NIV)

Whatever we fix our gaze upon, will be our God. If you are looking to money or acceptance or the pleasures that this world affords, you will fall short of the peace that you are seeking. Our peace is found in Christ alone. He is everything that I need. **\*\* Ps. 73:26 *My flesh and my heart may fail, but God is the strength of my heart and my portion forever.* (NIV) \*\***And again in **\*Ps. 121:1-2** I lift up my eyes to the mountains - where does my help come from? My help comes from the LORD, the Maker of heaven and earth. **\*(NIV) \*\***

**Dear LORD, help us to keep looking up today. Our eyes need to be on You and not this world's enticements. You are all that we need and You will supply all of our needs according to Your riches in Christ Jesus. In Jesus Name, Amen**